

# ALLERGY FRIENDLY SAFE SNACK LIST

The following is a list of foods that **DO NOT** contain nuts or peanut butter in accordance with the Crossings guidelines regarding CCS students with peanut and tree nut allergies. Please bring all snacks in the original packages so that teachers can read the ingredient labels. For birthdays and classroom parties, please use the sweet treats from this list only. THANK YOU for partnering together to keep our children safe.

#### POPCORN

Act II and Orville Redenbacher's Microwave Popcorn – butter flavored Skinny Pop Popcorn Smartfood Popcorn – white cheddar, butter Pirate's Booty – white cheddar

## **CEREAL/GRANOLA BARS and TOASTER PASTRIES**

Cascading Farms Granola Bar – chocolate chip and vanilla chip Nutri Grain Cereal Bar – blueberry, strawberry, apple cinnamon, blackberry, mixed berry, raspberry, cherry, pomegranate Special K Bar – blueberry, strawberry, chocolatey drizzle, vanilla crisp Kellogg's Pop Tarts – brown sugar, cinnamon, blueberry unfrosted, unfrosted strawberry, frosted apple, frosted strawberry, frosted wild berry, frosted cherry, low fat frosted strawberry, Nabisco Honey Maid Soft Snack Bar – oatmeal raisin, blueberry

## **GRAHAM CRACKERS/ANIMAL CRACKERS/ WAFERS**

Keebler Grahams – original, cinnamon, honey Keebler Scooby-Doo Graham Cracker Sticks – honey, cinnamon Nabisco Grahams – original Nabisco Honey Maid Graham Cracker Sticks – honey, low fat honey, cinnamon, low fat cinnamon, chocolate, fresh stacks Teddy Grahams – cinnamon, honey, chocolate, chocolatey chip, mini Nabisco Bug Bite Graham Crackers Nabisco Barnum's Animal Crackers Nabisco Vanilla Wafers Keebler Vanilla Wafers – original, mini

#### **CRACKERS**

Cheese Nips – cheddar, reduced fat cheddar, SpongeBob Square Pants Cheez-it – original, reduced fat, big, white cheddar, reduced fat white cheddar, Scrabble Junior, cheddar jack, pepper jack, baby swiss, colby, whole grain, gripz Cheez-it – snack mix Goldfish – baby cheddar, cheddar, colors, mix-up, parmesan, pizza, pretzel, saltine, whole grain Goldfish Favor Blast – xplosive pizza, xtra cheddar Goldfish 100 Calorie Pouches – cheddar, pretzel Keebler Wheatables – golden wheat, toasted honey wheat Keebler Saltine Crackers – zesta originals Keebler Townhouse Originals Keebler Scooby-Doo Cheddar Crackers Kellogg's Special K Crackers – multi-grain, savory herb Kraft Hand-Snacks – breadsticks n cheese dip, mister salty pretzels n cheese dip Nabisco Premium Soup & Oyster Crackers

#### COOKIES/MUFFINS/DONUTS

Chips Ahoy – chocolate chip, chunky, chewy, white fudge chunky, mini Nabisco 100 Calorie Packs – Chips Ahoy Thin Crisp, Lorna Doone Shortbread Nabisco Ginger Snaps Newtons – original, fat free, whole grain, strawberry, raspberry Oreos – original, double stuff Little Bites Muffins – chocolate chip, blueberry, fudge brownie Keebler Animal Frosted Cookies Keebler Fudge Stripes Keebler Grasshoppers Handi-Snacks Oreo Hostess Donettes – powdered Hostess Chocolate Cupcakes Mrs. Thinster's Cookiethins – chocolate chip

## CANDY/MARSHMALLOW/SWEET TREATS

Kraft Marshmallows - original, mini **Charms Blow Pops** Dots Tootsie Pops – cherry, grape, chocolate, orange, raspberry Tootsie Rolls Junior Mints Sugar Babies Dum Dum Pops Good and Plenty Kraft Caramels Lifesaver Hard and Gummies Milk Duds Pez Push Pop Red Vines Rolos Skittles - all **S**marties Sour Patch Kids Sour Patch Straws Starburst - all Starburst Gummies Starburst Jellybeans Swizzlers – all wrapped varieties Whoppers - Original **Charleston Chews** Hershey's - regular sized bars Hershey's Chocolate Kisses - original, dark, (no holiday packages) Kellogg's Rice Krispies Squares Original

# FRUIT BARS/POPSICLES

Dole Fruit Bar – strawberry, grape, raspberry Minute Maid Juice Bar – cherry, grape, orange Breyers Pure Fruit Bar – strawberry, orange, raspberry Popsicle – orange, cherry, grape Fudgsicle Fudge Pop

#### CRACKERS

Nabisco Flavor Original Better Cheddars Nabisco Premium Saltines Nabisco Chicken in a Biskit Nabisco Wheat Thins Nabisco Triscuits Nabisco Ritz Crackers – NOT the sandwiches Nabisco Ritz Sticks Wheat Thins Original

# CHIPS/ PRETZELS

Rold Gold – thins, sticks, rods, tiny twists, lightly salted tiny twists, tiny twists cheddar, tiny twist honey, mustard, sourdough, honey wheat, butter checkers, snack mix and munchies UTZ – Halloween pretzels (usually at SAMs) UTZ – cheese balls Doritos Sun Chips – original, cheddar, French onion, garden salsa, parmesan garlic Stacey's Pita Chips – simply naked, cinnamon sugar Tostitos Popchips – BBQ, cheddar and sour cream, salt and vinegar Pringles – original, 100 calorie packs original Ruffles Original Lays Classic Cheetos – puffs, crunchy, baked

## FRUIT SNACKS/FRESH FRUIT/VEGGIES

Betty Crocker – fruit roll-ups Betty Crocker – fruit by the foot Betty Crocker Fruit Flavored Snacks – Dora, Scooby-Doo, SpongeBob, shark bites Cliff Kid Organic Twisted Fruit – strawberry, mixed fruit Fruit Gushers GoGo Squeeze Applesauce Motts Applesauce – cups and pouches Ocean Spray – craisins Sun-Maid – raisins Apples Bananas Carrots Celery Grapes

# DAIRY/MEAT

String Cheese Cheese Cubes Yoplait Yogurt and Go-gurt Jell-o Pudding and Gelatin Cups Hunts Snack Pack Pudding – vanilla, chocolate Pre-packaged Lunchmeat – not deli

**<u>CEREAL</u>** Cheerios Original, Chex, Kellogg's Fruit Loops